

S. BAYATI, MD, FACS



VAGINAL REJUVENATION

*Redefining Confidence and Wellness
with Dr. Bayati*

Empowering Women Through Personalized Care and Advanced Techniques



Confidence is more than a feeling—it's a fundamental aspect of a woman's well-being that resonates through every dimension of her life.

For many women, intimate health challenges can silently diminish self-assurance, creating a profound impact on personal relationships, emotional stability, and overall quality of life.

Many find themselves facing sensitive personal concerns that have been disregarded or considered too taboo to discuss.

Vaginal rejuvenation has emerged as a beacon of hope for women seeking to restore not just physical comfort, but also the self-assurance that comes from feeling completely at ease in one's own body.

Meet Dr. Bayati

Dr. Semira Bayati is widely recognized for her expertise in the field of plastic surgery, bringing a unique blend of surgical expertise, compassion, and dedication to enhancing women's lives through innovative procedures. Recognized as a Physician of Excellence and trusted by fellow medical professionals, Dr. Bayati brings a woman's perspective to this sensitive field. As a board-certified female plastic surgeon with 25 years of experience, she has established herself as a trusted leader in cosmetic vaginal rejuvenation.



Professional Excellence

Dr. Bayati's credentials speak volumes about her commitment to medical excellence:

- ◎ **Board Certification:** Certified by the American Board of Plastic Surgery since 2000
- ◎ **Experience:** Over 25 years of specialized surgical practice
- ◎ **Education:** Renowned instructor for Physician Assistant programs in Southern California

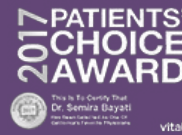
Recognition:

- ◎ Seven-time **Orange County Physician of Excellence** (including 2025)
- ◎ **Compassionate Doctor Award** – 5 Year Honoree in 2016 and 2017
- ◎ **Patients' Choice Award** – 2012-2017
- ◎ **On-Time Doctor Award** – 2014-2017
- ◎ **Compassionate Doctor Recognition** – 2012-2017
- ◎ **Patients' Choice 5th Anniversary Award** – 5 Year Honoree in 2016 and 2017
- ◎ **Certified in Age Management Medicine**, male and female wellness and hormone therapy, since 2014

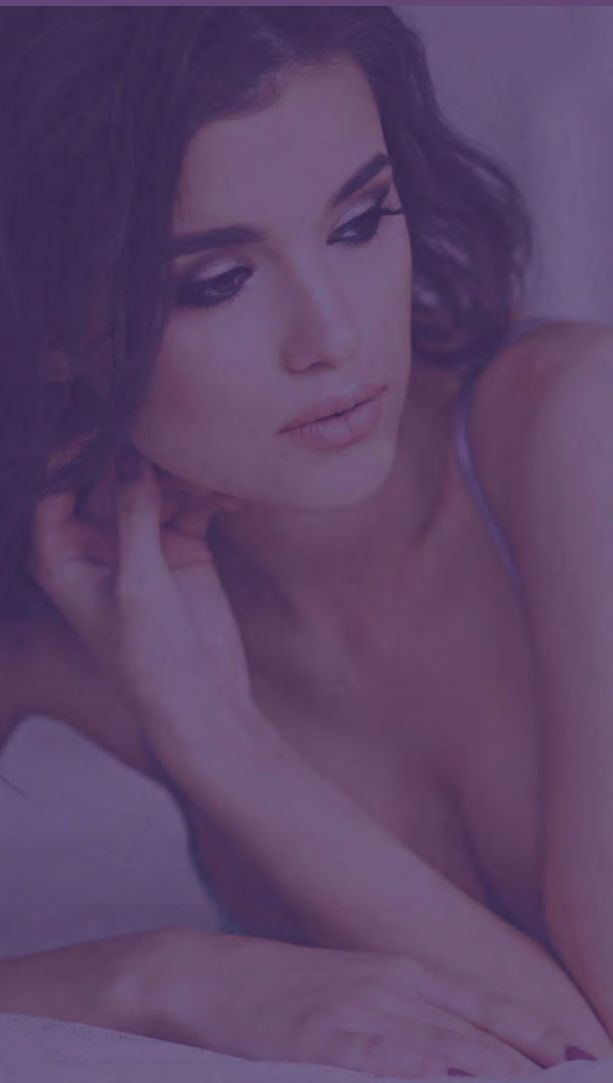
AWARDS RECEIVED



ORANGE COUNTY MEDICAL ASSOCIATION
Physician of Excellence 2016, 2018-2022



MEDIA APPEARANCES



What sets Dr. Bayati apart is her mastery of advanced techniques, employing state-of-the-art technologies and an artistic technique to deliver results that enhance aesthetic harmony with minimal discomfort and downtime. For Dr. Bayati, vaginal rejuvenation is not just about surgical precision—it's about creating a comprehensive experience that respects and responds to each woman's unique needs and goals. She manages female wellness with internal management of hormone imbalances if it is a factor in the intimate wellness in each case, and external aesthetic management of the vaginal area. Through personalized and compassionate care, she helps women address intimate health concerns, restoring confidence and empowering them to embrace their inherent beauty.

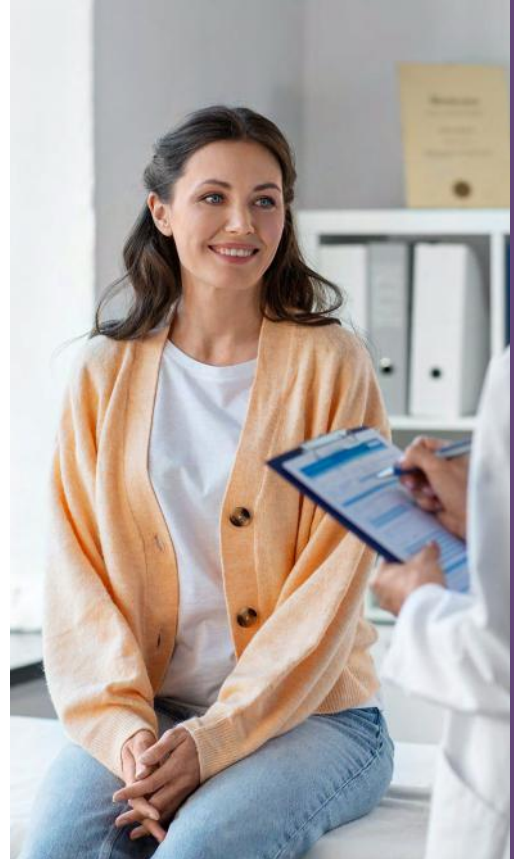
Understanding Vaginal Rejuvenation

Vaginal rejuvenation encompasses a range of procedures designed to improve the function, appearance, and overall health of the vaginal area. These treatments can address various concerns, from labial tissue redundancy, vaginal laxity and dryness to urinary incontinence and sexual dysfunction. Dr. Bayati offers both surgical and non-surgical vaginal rejuvenation options, tailoring each patient's procedure to their unique needs and goals.

Common Reasons for Seeking Treatment

Women may consider labiaplasty and vaginal rejuvenation for a variety of reasons, often stemming from the emotional and physical effects caused by enlarged, stretched, or irregularly shaped labial tissue. This condition is not uncommon and can arise from several factors, including:

- ⦿ **Heredity:** Some women may naturally have larger or irregular labial tissue due to genetic factors.
- ⦿ **Pregnancy and Childbirth:** These life events can lead to significant changes in the vaginal area, including stretching and laxity of the labia.
- ⦿ **Weight Loss:** Significant weight loss can alter the appearance of the labia, leading to excess skin or changes in shape.
- ⦿ **Trauma:** Injuries or trauma to the vaginal area can result in changes that may prompt women to seek surgical intervention.
- ⦿ **Menopause:** Hormonal changes during menopause can affect tissue elasticity and moisture levels, leading to discomfort.
- ⦿ **Aging:** The natural aging process can cause a loss of elasticity in the vaginal tissues, contributing to concerns about appearance and function.



Benefits Beyond Aesthetics

While many women seek vaginal rejuvenation for cosmetic reasons, the benefits extend far beyond appearance.

Dr. Bayati's comprehensive approach to vaginal rejuvenation addresses both aesthetic and functional concerns, providing a range of benefits that significantly improve quality of life:

- ⦿ **Enhanced Comfort:** Enlarged labia minora (inner lips) and clitoral hood can cause discomfort in tight fitting clothing. They can also cause visible fullness in yoga pants or in bikinis that many women find embarrassing. These redundant inner lips can also fold and cause discomfort during intercourse and with activities such as bike riding or horseback riding.
- ⦿ **Improved Sexual Function:** Treatments such as vaginoplasty can tighten the vaginal opening, potentially improving sexual satisfaction for both partners. The CO2LIFT V™ treatment increases blood flow, enhancing sensitivity and natural lubrication.
- ⦿ **Urinary Health:** Labiaplasty can lead to a reduction in urinary tract infection in some women, since the redundant labia minora skin traps bacteria in the area of the urethral opening, leading to more risk of infection. O-Shots® can improve urinary frequency and leaking in some cases as well.
- ⦿ **Increased Confidence:** By addressing both functional and aesthetic concerns, patients often experience a significant boost in self-esteem and body confidence.
- ⦿ **Physical Activity:** Women who previously experienced discomfort during exercise may find renewed freedom to engage in physical activities without pain or self-consciousness.
- ⦿ **Non-Invasive Options:** For those seeking improvement without surgery, treatments like O-Shot® and CO₂LIFT V™ offer benefits such as improved orgasms, texture and lubrication with no downtime.



Exploring Your Options

Non-Surgical Treatments

Dr. Bayati offers a comprehensive range of non-surgical vaginal rejuvenation treatments, each designed to address specific concerns without the need for invasive procedures. These options are ideal for women seeking effective solutions with minimal downtime.



- ⦿ **Volumization with Fat Grafting or Injectable Dermal Fillers:** For those looking to enhance the aesthetic appearance of the labia majora, Dr. Bayati offers fat grafting or injectable dermal fillers. These techniques add volume and contour to the area, providing a more youthful and balanced appearance while also improving comfort during intimate activities.

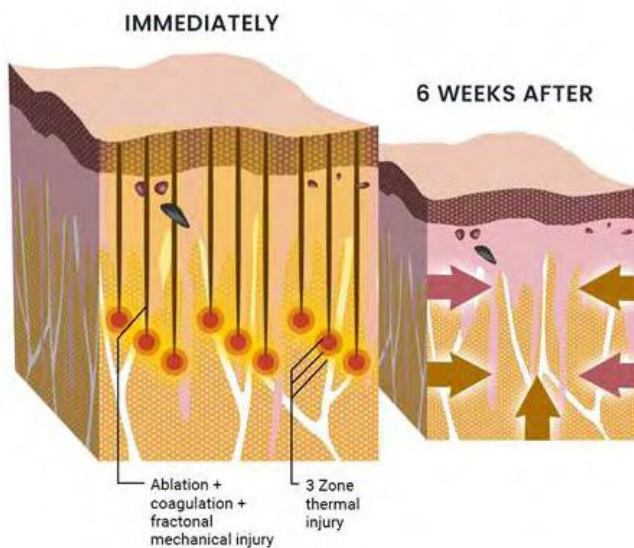
- ⦿ **O-Shot® (Orgasm Shot):** This innovative treatment involves injecting platelet-rich plasma (PRP) into the vaginal area to enhance sexual function and sensitivity. The O-Shot® can help increase arousal, improve orgasm intensity and duration, and alleviate issues related to vaginal dryness. Some patients have reported multiple-orgasm capability after this procedure. It can be repeated several times and some recommend a yearly boost for continued sexual health benefits. O-Shot® is performed as a stand alone office procedure, or can be added to a surgical vaginal rejuvenation.



© **CO₂LIFT V™ Carboxy Gel Treatment:** A non-invasive option that utilizes carboxytherapy, CO₂LIFT V™ is designed to lift and tighten vaginal tissues while promoting blood flow. This treatment enhances sensitivity, improves natural lubrication, and addresses discomfort during intercourse. It can be performed as an in-office procedure or as an at-home treatment, making it a versatile addition to any rejuvenation plan.



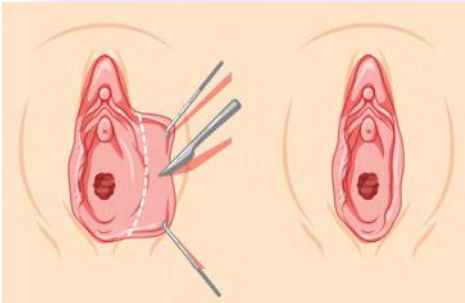
BEFORE AND AFTER TREATMENT



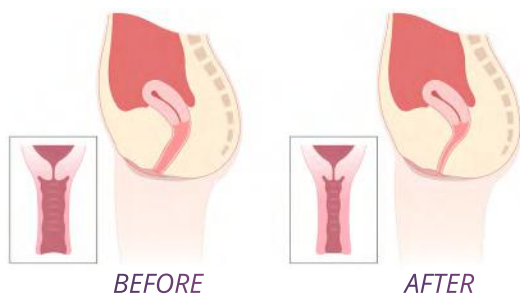
© **MORPHEUS™ skin tightening:** This is a non-surgical in-office skin tightening that addresses the laxity of the outer lips, labia majora. It can be combined with surgical Renuvion® skin tightening for maximal tightening effect.

Surgical Solutions

For more significant concerns or when non-surgical options are insufficient, Dr. Bayati offers advanced surgical procedures tailored to individual needs:



- ⦿ **Labiaplasty:** This procedure reshapes or reduces the labia minora to improve comfort and aesthetics. Dr. Bayati employs techniques that ensure natural-looking results while enhancing overall genital aesthetics.



- ⦿ **Vaginoplasty:** Aimed at tightening the vaginal canal and surrounding tissues, vaginoplasty is particularly beneficial for women who have experienced significant vaginal laxity due to childbirth or aging. This procedure can enhance sexual satisfaction for both partners.



- ⦿ **Clitoral Hood Reduction:** This procedure addresses aesthetic concerns related to an enlarged clitoral hood while improving sexual sensation.



- ⦿ **Renuvion® Tightening of Labia Majora:** This is a radiofrequency treatment using J-Plasma® power that shrinks the loose, stretched outer lips called labia majora without the need for visible scarring and skin excision. It is highly effective and can be repeated more than once if additional contraction of skin is necessary. In 90% of cases, one treatment is sufficient and it is done at the same time as the labiaplasty or as a stand alone procedure for the majora. It can be combined with MORPHEUS™ skin tightening for an augmentation of the tightening effect.

Combination Therapy

Dr. Bayati often recommends a combination of surgical and non-surgical treatments to achieve optimal results. This integrated method allows for comprehensive rejuvenation, addressing multiple concerns simultaneously and providing long-lasting improvements in both function and appearance.

The Bayati Method: Tailored Care for Every Woman

When you choose Dr. Bayati for your vaginal rejuvenation journey, you're selecting a physician who truly understands the unique nature of every woman's body and concerns. During your consultation, Dr. Bayati takes the time to listen attentively, allowing her to gain a deep understanding of your desires and craft a treatment plan that's uniquely yours.

Dr. Bayati's expertise allows her to design customized solutions that may combine both surgical and non-surgical techniques to achieve optimal results. Whether you are seeking a minimally invasive procedure or a more comprehensive surgical intervention, you can trust that Dr. Bayati will recommend the most appropriate options tailored just for you.

This comprehensive approach is evident in every aspect of her practice. From your initial consultation through to your post-treatment care, Dr. Bayati and her team create a supportive, judgment-free environment. Here, you'll feel comfortable discussing your most intimate concerns and aspirations, knowing that you're in the hands of a physician who truly cares about your overall wellness.

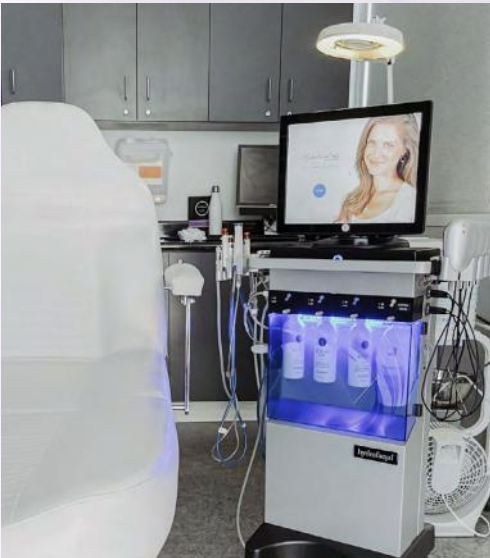




Expertise You Can Trust

Dr. Bayati is not only a board-certified plastic surgeon with over 25 years of experience but also a recognized leader in the field of vaginal rejuvenation. Her commitment to excellence is reflected in her remarkably low revision rates, which fall below the national average—an achievement made possible through meticulous attention to detail, advanced infection prevention techniques, and comprehensive pre- and post-operative care.

Her reputation extends beyond her patient base; many physicians in the area choose Dr. Bayati for their own surgical needs as well as those of their families. This trust speaks volumes about her skill and dedication to patient care.



State-of-the-Art Facilities

When you choose Dr. Bayati, you will benefit from her QuadA and Medicare Certified Surgery center located on-site, ensuring the highest standards of safety and care throughout your treatment process. Additionally, her full-service MedSpa is equipped with the latest technology and services, allowing for an experience that meets all your rejuvenation needs under one roof.

By choosing Dr. Bayati as your plastic surgeon, you are not only opting for expert care but also embracing a transformative experience designed to enhance your confidence and well-being in every aspect of your life. Your journey toward improved intimate health starts here—with personalized attention from a compassionate expert who truly understands women's needs.

Patient Stories and Testimonials

The impact of Dr. Bayati's work is best illustrated through the experiences of her patients. Many women report significant improvements in their quality of life following vaginal rejuvenation procedures.

Patients shared their experience:



MARLY F.

After feeling uncomfortable in tight clothes and having overall discomfort in such an intimate area, I am so glad that I took the step to see Dr. Bayati to have her perform my labiaplasty. Being a female surgeon, she made me feel so comfortable and the whole surgery was way easier than I expected! Thank you Dr. Bayati!!



REBEKA G.

I have always been really embarrassed of my lady parts. Dr. Bayati saved me and my lady parts! Dr. Bayati and her wonderful staff made the whole process very painless and so comfortable. I am so happy that I decided to go ahead with getting a Labiaplasty!!

These testimonials highlight the transformative power of vaginal rejuvenation, not just in terms of physical improvements but also in boosting confidence and overall well-being.

Frequently Asked Questions

Dr. Bayati understands that patients often have many questions about vaginal rejuvenation. Here are some common concerns addressed:



Is it painful?

Most non-surgical treatments are described as comfortable or mildly uncomfortable. Surgical procedures are performed under appropriate anesthesia to ensure patient comfort and there is adequate pain control for the brief post-operative time when there is mild discomfort.

How long is the recovery?

Recovery times vary depending on the procedure. Non-surgical treatments often require no downtime, while surgical procedures may require a few days to a couple of weeks of recovery.

What kind of results can I expect?

Results vary based on the individual and the chosen treatment. Many women report improved vaginal tightness, increased lubrication, enhanced sexual satisfaction, and better urinary control.

Taking the Next Step

Embarking on a vaginal rejuvenation journey with Dr. Bayati is a step towards reclaiming your confidence and improving your overall quality of life. Her commitment to excellence, combined with her compassionate nature, ensures that each patient receives the highest standard of care.

To get started, schedule a consultation with Dr. Bayati. During this initial meeting, you'll have the opportunity to discuss your concerns, learn about available options, and develop a personalized treatment plan.

Remember, vaginal rejuvenation is more than just a cosmetic procedure — it's an investment in your health, well-being, and self-confidence. With Dr. Bayati's expertise and artistic technique, you can look forward to natural-looking results that enhance both form and function.

Take the first step towards reclaiming your feminine vitality. Your journey to improve intimate health and wellness begins here.



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